

# ALTID FRESH

## ALLERGENELISTE

	GLUTEN	HVEDE	HAVRE	MÆLK	ÆRTE- PROTEIN	SOJA- PROTEIN	ÆG	FI SK	LØG	HVIDLØG	CHILI	PAPRIKA	SESAM	NØDDER	SENNEP
CHIPOTLE CHICKEN BOWL	X	X				X	X		X	X	X	X	X		X
CHICKEN PLAIN BOWL	X	X				X	X		X	X	X	X	X		X
TERIYAKI BOWL	X	X				X	X							X	X
SALMON BOWL				X		X	X	X		X	X		X		X
SUSHI BOWL	X	X	X			X	X	X		X	X		X		X
BEEF BOWL						X	X		X	X	X	X	X		X
DUCK BOWL						X	X		X	X	X	X	X		X
TERIYAKI TOFU BOWL	X	X				X			X	X	X		X		
BEYOND BOWL	X	X			X	X	X		X	X	X	X	X	X	X
SPICY FALAFFEL BOWL	X	X							X	X	X	X	X		X
HAVREGRØD	X		X	X										X	
SPIRULINA BOWL	X		X											X	
ACAI BOWL	X		X											X	
CHIA BOWL	X		X	X										X	
SPICY JUICE											X				
HEALTHY JUICE															
VITAMINJUICE															
ENERGIZER JUICE															
GREEN SMOOTHIE														X	
COCO SMOOTHIE														X	
ACAI SMOOTHIE														X	
BLUE BANANA SMOOTHIE	X		X												
DADELKUGLER SNICKERS														X	
DADELKUGLER KOKOS														X	
DADELKUGLER LEMON				X			X							X	
MEXI CHIPOTLE									X	X	X	X	X		
MEXI BEEF						X			X	X	X	X	X		
MEXI BEYOND MEAT					X				X	X	X	X	X		
MEXI TOFU						X			X	X	X	X	X		
CHICKPEA CURRY				X	X				X	X	X	X	X	X	
EMPANADA HAM/CHEESE	X	X		X			X			X			X		
EMPANADA BEEF/CHEESE	X	X		X		X	X		X		X		X		
EMPANADA SQUASH/KARTOFFEL	X	X							X		X		X		
EMPANADA FETA/SPINACH	X	X		X					X	X			X		
PITA CHIPOTLE	X	X					X		X	X	X		X		X
PITA BEEF	X	X				X	X		X	X	X		X		X
PITA BEYOND MEAT	X	X		X	X				X	X	X		X		
VEGGIE NUGGETS	X	X		X	X										
NO CHICKEN TENDERS	X	X		X	X					X					
HI TEMPURA SPICY CHIPS	X	X			X	X			X	X	X				
GRØNTSAGS CHIPS															

**BUDDHA  
BOWL**

**ALTID  
FRESH  
HVER  
DAG**